

Dear all

As you are aware partners across the district are working together to improve outcomes for families and children, in particular to help reduce obesity with a focus on the wards of Cannock North & South.

Cannock Chase Children's Centre, Grow up Great (part of Inspiring Healthy Lifestyles) and Staffordshire Libraries are working in partnership to support this priority and would welcome your help.

Our intention is to run two events on:

Thursday 15th February 2018: 10am – 12pm at Chase Baptist Church, Clarion Way, Cannock WS11 4NJ - in conjunction with West Chadsmoor Family Centre Rainbow Cafe

Wednesday 21st February 2018 – 1pm – 3pm at Bridgetown Social Club, Bridgetown

The purpose of the events is to raise the awareness of services available within Cannock. We would like your support by providing an activity, promote your service and be on hand to offer information, advice and guidance around weaning, breastfeeding, health and nutrition etc.

In addition we will be providing 'Grow up Great' packs which will contain information from a wide range of partners and will include a 'free pass' for mums to access the postnatal exercise class at Cannock Leisure Centre in March. These packs will be delivered to families with children between the ages of 3-8 and 13-22 months in the 0-30% most deprived areas with the aim to target the appropriate families and signpost them to the events.

If you have any literature that you would like to be included in the packs can you please send it to [Cannock Children's Centre](#) by 12th January 2018.

If you are interested in providing an activity/taster session can you please confirm with [Louise Rose](#) Louise.Rose@wlct.org by 12th January 2018.

Please forward this email to colleagues or any other relevant providers who can support this event. Many thanks.

Kind regards

Debs